



MASTER COURSE OUTLINE

A. COSM 1110 Manicuring Techniques

B. COURSE DESCRIPTION:

This course emphasizes the care of the hands, nails, and feet. Nail shapes and the use of manicure and pedicure equipment and supplies, as well as basic manicure and pedicure procedures are introduced. Students apply artificial nails and conduct nail repair. Instruction and clinical practice are provided in sculpturing techniques, nail tip application, overlays, and nail fills.

(3 Cr – 1 lect, 2 lab)

C. *Core Theme: Critical Thinking

D. RIVERLAND INSTITUTIONAL LEARNING OUTCOMES:

This course addresses the following Riverland Institutional Learning Outcome(s):

- ILO 1: critical thinking (*Core Theme Goal 2*)
- ILO 2: awareness of the larger global community (*Core Theme Goal 7 or 8*)
- ILO 3: ethical, engaged citizenship (*Core Theme Goal 9 or Goal 10*)
- ILO 4: communication and collaboration (*Discipline Goal 1 and by any learning outcome(s) involving communication or collaboration*)

E. MAJOR CONTENT AREAS:

- Professional Preparation and Practice in Cosmetology
 - Safety, sanitation and infection control procedures
- Cosmetology Theory
 - Nail anatomy
 - Nail shape identification
 - Anatomy of nails, arm, hand, foot, and leg bones
 - Descriptions and identification of nail disorders and diseases
 - Description and identification of foot disorders and diseases
- Cosmetology Procedures
 - Artificial nail safety, sanitation and infection control procedures
 - Acrylic nail, tip, and gel nail application
 - Nail repairs
 - Manicure safety, sanitation and infection control procedures
 - Sculptured nail procedure and applications
 - Manicure equipment sanitation and disinfection
 - Basic manicures
 - Artificial nail maintenance and removal

- Foot, hand and arm massage
- Polish application
- Pedicure procedure
- Gel polish application

F. GOAL TYPE, OBJECTIVES, AND OUTCOMES:

<u>GOAL TYPE</u>	<u>OBJECTIVES</u> Students will be able to	<u>OUTCOMES</u> The student will successfully
<u>*Critical Thinking</u>	gather factual information and apply it to a given problem in a manner that is relevant, clear, comprehensive, and conscious of possible bias in the information selected.	<ol style="list-style-type: none"> 1. recognize diseases and disorders of the hands, feet, and nails. 2. identify nail structure and growth.
<u>CS</u>	understand Minnesota statutes chapter 155A and rules chapter 2105.	<ol style="list-style-type: none"> 1. perform correct safety, sanitation and infection control procedures as required by Minnesota Rule 2105.
<u>CS</u>	understand a professional manicure and pedicure.	<ol style="list-style-type: none"> 1. demonstrate a professional manicure and pedicure. 2. complete practical testing according to practical skills testing guidelines.
<u>CS</u>	recognize different types of artificial nails.	<ol style="list-style-type: none"> 1. apply different types of artificial nails. 2. complete practical testing following practical skills testing guidelines.

G. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact Accessibility Services at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request.

The purchase of a Cosmetology kit is required. The kit can be purchased through the Cosmetology Department.

H. COURSE CODING INFORMATION:

Course Code S/Class Maximum 25; Letter Grade

Revision date: 02/15/11; 03/20/18; 11/28/23; 01/07/25

AASC Approval date: 04/17/18; 12/11/23; 02/18/25

*These five MnTC Goals have been identified as Riverland Community College Core Themes. Every course in the Riverland Community College curriculum shall meet outcomes from one of these themes.

**These five MnTC Goals have been identified as Riverland Community College Disciplines. Riverland's MnTC courses also shall meet outcomes from a Discipline Area.

NOTE: The Minnesota Transfer Curriculum “10 Goal Areas of Emphasis” are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.

*Riverland Community College Core Themes	MnTC Goal Number
Critical Thinking (CT)	2
Human Diversity (HD)	7A, 7B, 7A/B
Global Perspective (GP)	8
Ethical and Civic Responsibility (EC)	9
People and the Environment (PE)	10

**Riverland Community College Discipline Areas	MnTC Goal Number
Communication (CM)	1
Natural Sciences (NS)	3
Mathematics/Logical Reasoning (MA)	4
History and the Social & Behavioral Sciences (SS)	5
Humanities and Fine Arts (HU)	6