



MASTER COURSE OUTLINE

A. COSM 1130 Skin Care

B. COURSE DESCRIPTION:

This course includes facials and facial massage, skin care, and make-up selection and application. Eyebrow arching, false eyelash application, lash extensions, and hair removal techniques are also studied. Safety, sanitation and infection control are an important focus of the course. Prerequisites: COSM 1120

(5 Cr – 2 lect, 3 lab)

C. **Core Theme: Critical Thinking

D. RIVERLAND INSTITUTIONAL LEARNING OUTCOMES:

This course addresses the following Riverland Institutional Learning Outcome(s):

- ILO 1: critical thinking (*Core Theme Goal 2*)
- ILO 2: awareness of the larger global community (*Core Theme Goal 7 or 8*)
- ILO 3: ethical, engaged citizenship (*Core Theme Goal 9 or Goal 10*)
- ILO 4: communication and collaboration (*Discipline Goal 1 and by any learning outcome(s) involving communication or collaboration*)

E. MAJOR CONTENT AREAS:

- Professional Preparation and Practice in Cosmetology
 - Safety, sanitation and infection control procedures
- Cosmetology Theory
 - Cosmetic ingredients
 - Facial procedure
 - Deplomah description
 - Facial products
 - Makeup shade selection
 - Waxing products
 - Types of wax
 - Skin care product descriptions and selection
 - Skin diseases and disorders identification and description
 - Skin type identification
 - Skin structure identification and description
 - Eyelash products
 - Airbrush makeup products

- Cosmetology Procedures
 - Client draping
 - Skin analysis
 - Facial procedures
 - Facial safety precautions
 - Facial Manipulations
 - Skin cleansing
 - Tone or astringent application
 - Facial masks
 - Daytime and evening make-up application
 - Eye make-up application
 - Lip and cheek color
 - Massage movements
 - Facial treatment procedure
 - Eyebrow arching, false eyelash techniques and lash extensions
 - Eyelash lift and tint
 - Hair removal methods including body wax and facial wax
 - Wax technique procedure including soft wax, hard wax and sugaring
 - Skin-care product application

F. GOAL TYPE, OBJECTIVES, AND OUTCOMES:

<u>GOAL TYPE</u>	<u>OBJECTIVES</u> Students will be able to	<u>OUTCOMES</u> The student will successfully
<u>**Critical Thinking</u>	gather factual information and apply it to a given problem in a manner that is relevant, clear, comprehensive, and conscious of possible bias in the information selected.	<ol style="list-style-type: none"> 1. identify skin disorders and diseases and skin types. 2. identify skin growth and structure.
<u>CS</u>	understand client consultations.	<ol style="list-style-type: none"> 1. consult with clients to formulate skin care protocol.
<u>CS</u>	understand Minnesota statutes chapter 155A and rules chapter 2105.	<ol style="list-style-type: none"> 1. apply correct safety, sanitation and infection control practices as regulated by Minnesota Rule 2105. 2. complete practical tests according to practical skills testing guidelines.
<u>CS</u>	describe professional facial treatments.	<ol style="list-style-type: none"> 1. perform professional facial treatments. 2. complete practical testing according to practical skill testing guidelines.
<u>CS</u>	describe eyebrow arch, wax, and removing superfluous hair.	<ol style="list-style-type: none"> 1. perform an eyebrow arch and wax. 2. complete practical testing according to practical skills testing guidelines.
<u>CS</u>	understand the use of hard and soft wax.	<ol style="list-style-type: none"> 1. perform a wax with hard wax. 2. perform a wax with soft wax.

<u>CS</u>	understand different types of makeup used to enhance facial features and natural coloring.	<ol style="list-style-type: none"> 1. apply make-up to clients to enhance facial features and natural coloring. 2. complete practical testing according to practical skills testing guidelines.
-----------	--	---

G. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact Accessibility Services at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request.

H. COURSE CODING INFORMATION:

Course Code S/Class Maximum 25; Letter Grade

Revision date: 12/23/08; 02/15/11; 3/20/18; 10/03/23

AASC Approval date: 04/17/18; 11/21/23

*Riverland Community College Disciplines	MnTC Goal Number
Communication (CM)	1
Natural Sciences (NS)	3
Mathematics/Logical Reasoning (MA)	4
History and the Social & Behavioral Sciences (SS)	5
Humanities and Fine Arts (HU)	6

**Riverland Community College Core Themes	MnTC Goal Number
Critical Thinking (CT)	2
Human Diversity (HD)	7
Global Perspective (GP)	8
Ethical and Civic Responsibility (EC)	9
People and the Environment (PE)	10

*These five MnTC Goals have been identified as Riverland Community College Disciplines.

** These five MnTC Goals have been identified as Riverland Community College Core Themes.

NOTE: The Minnesota Transfer Curriculum “10 Goal Areas of Emphasis” are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.