



MASTER COURSE OUTLINE

A. TRDR 1115 Lifestyle

B. COURSE DESCRIPTION:

This course covers the lifestyle of the truck driver. Family and personal health and safety issues, human relations, and dealing with road rage are introduced. This course covers vehicle maintenance issues such as how various component systems of tractor-trailers work and allows students to recognize defect or failure likely to cause accident or breakdown. Other issues addressed are skills needed to seek, acquire, and retain employment as a truck driver. Time and money management skills are discussed as well as techniques for coping with the stresses of a driver's life. Non-vehicle activities such as protecting themselves, vehicle, cargo and the general public are covered.

(3 Cr – 1 lect, 2 lab)

C. Core Theme: Human Diversity

D. RIVERLAND INSTITUTIONAL LEARNING OUTCOMES:

This course addresses the following Riverland Institutional Learning Outcome(s):

- ☐ ILO 1: critical thinking (*Core Theme Goal 2*)
- ☒ ILO 2: awareness of the larger global community (*Core Theme Goal 7 or 8*)
- ☐ ILO 3: ethical, engaged citizenship (*Core Theme Goal 9 or Goal 10*)
- ☐ ILO 4: communication and collaboration (*Discipline Goal 1 and by any learning outcome(s) involving communication or collaboration*)

E. MAJOR CONTENT AREAS:

- Safety
- Driver's handbook
- Money management skill
- Driver's lifestyle
- Family impact
- Job quality judgment procedures
- Dependability
- Time management
- Proper diet and exercise
- Items truck drivers need during work hours
- Professionalism and job skills
- Owner-operators vs. company drivers

F. GOAL TYPE, OBJECTIVES, AND OUTCOMES:

<u>GOAL TYPE</u>	<u>OBJECTIVES</u> Students will be able to	<u>OUTCOMES</u> The student will successfully
<u>Human Diversity</u>	demonstrate communication skills necessary for living and working effectively in a society with great population diversity.	1. communicate appropriate skills to diverse work environments.
<u>CS</u>	develop public relation skills.	1. demonstrate appropriate public relation skills with transportation companies, shippers, and consignees.
<u>CS</u>	follow simulated accident procedures.	1. demonstrate post-accident procedures.
<u>CS</u>	file proper driver's daily log.	1. review and submit acceptable daily log sheets.
<u>CS</u>	identify tractor-trailer components.	1. inspect tractor-trailer components for damage.
<u>CS</u>	understand the importance of personal hygiene and health on the job.	1. explain how hygiene and health affect lifestyles.
<u>CS</u>	develop ability in all aspects of trip planning.	1. accomplish all components of trip plan.

G. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodations should contact Accessibility Services at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request.

H. COURSE CODING INFORMATION: Course Code S/Class Maximum 24; Letter Grade

Revision date: 02/08/11; 11/01/17; 10/03/22

AASC Approval date: 11/21/17; 11/15/22

*Riverland Community College Disciplines	MnTC Goal Number
Communication (CM)	1
Natural Sciences (NS)	3
Mathematics/Logical Reasoning (MA)	4
History and the Social & Behavioral Sciences (SS)	5
Humanities and Fine Arts (HU)	6

**Riverland Community College Core Themes	MnTC Goal Number
Critical Thinking (CT)	2
Human Diversity (HD)	7
Global Perspective (GP)	8
Ethical and Civic Responsibility (EC)	9
People and the Environment (PE)	10

*These five MnTC Goals have been identified as Riverland Community College Disciplines.

** These five MnTC Goals have been identified as Riverland Community College Core Themes.

NOTE: The Minnesota Transfer Curriculum “10 Goal Areas of Emphasis” are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.