



MASTER COURSE OUTLINE

A. NURS 1410 Nursing Fundamentals Skills Lab

B. COURSE DESCRIPTION:

This course introduces the following nursing skills: asepsis, medication administration, physical assessment, catheterization, oxygenation, interviewing/health surveys, team-building, informatics, and documentation. Emphasis is placed on safe patient care, using spirit of inquiry to examine evidence and seek new information, RN scope of practice, and integrating sound nursing judgement when providing patient care across the lifespan to a diverse population. This is an on-campus skills lab course. Prerequisite: Admission to the Nursing Program. Co-requisite: NURS 1400 and NURS 1420.

(2 Cr – 0 lect, 2 lab) (Lecture hours/week: 0; On campus lab hours/semester: 64)

C. *Core Theme: Critical Thinking

D. RIVERLAND INSTITUTIONAL LEARNING OUTCOMES:

This course addresses the following Riverland Institutional Learning Outcome(s):

- ILO 1: critical thinking (*Core Theme Goal 2*)
- ILO 2: awareness of the larger global community (*Core Theme Goal 7 or 8*)
- ILO 3: ethical, engaged citizenship (*Core Theme Goal 9 or Goal 10*)
- ILO 4: communication and collaboration (*Discipline Goal 1 and by any learning outcome(s) involving communication or collaboration*)

E. MAJOR CONTENT AREAS:

- Communication, interviewing techniques
- Physical assessment skills
- Medication administration, dosage calculation, routes of administration (PO, SQ, IM, ID)
- Asepsis techniques/isolation precautions
- Sterile catheterization – intake and output
- Ostomy care
- Oxygenation administration methods
- Functional health assessments
- Mobility
- Team-building activities
- Informatics and documentation

F. GOAL TYPE, OBJECTIVES AND OUTCOMES:

<u>GOAL TYPE</u>	<u>OBJECTIVES</u> Students will be able to	<u>OUTCOMES</u> The student will successfully
<u>*Critical Thinking</u>	gather factual information and apply it to a given problem in a manner that is relevant, clear, comprehensive, and conscious of possible bias in the information selected.	<ol style="list-style-type: none"> gather health information through a patient interview and determine a plan of care based on the findings. utilize methods of health informatics to improve patient care.
<u>CS</u>	apply basic principles of asepsis and isolation precautions as related to patient care.	<ol style="list-style-type: none"> demonstrate correct hand-washing techniques and other forms of asepsis in patient care. identify when various types of isolation precautions need to be implemented.
<u>CS</u>	identify various methods of oxygen administration and when to use each one.	<ol style="list-style-type: none"> identify correct oxygen administration methods for various patient situations. demonstrate correct usage of oxygen administration devices.
<u>CS</u>	apply basic physical examination techniques to a patient assessment.	<ol style="list-style-type: none"> identify correct landmarks on the body to guide assessment. demonstrate basic physical exam techniques on a patient. explain normal physical exam findings.
<u>CS</u>	apply knowledge of functional health assessments and mobility assessments in patient care.	<ol style="list-style-type: none"> identify methods to assess functional health patterns. demonstrate techniques of mobility assessment.
<u>CS</u>	apply knowledge and skills of safe medication administration techniques.	<ol style="list-style-type: none"> list medication rights and safety checks. demonstrate safe medication administration techniques (oral, subcutaneous, intramuscular, drops, etc.).

G. SPECIAL INFORMATION:

This course may require use of the Internet, the submission of electronically prepared documents and the use of a course management software program. Students who have a disability and need accommodation should contact Accessibility Services at the beginning of the semester. This information will be made available in alternative format, such as Braille, large print, or current media, upon request.

Special program needs include a calculator, nursing uniform, insignia patch, Riverland name tag, stethoscope, and watch with a second hand. A student enrolled in this course must have current immunizations, CPR certification, passed a background check, and must be able to provide their own transportation to class and clinical locations. The student must also be of good health and able to lift and transfer patients without restriction.

H. COURSE CODING INFORMATION:

Course Code B/Class Maximum 24; Letter Grade

Revision date: 09/17/19; 01/09/24

AASC Approval date: 10/22/19; 02/20/24

*These five MnTC Goals have been identified as Riverland Community College Core Themes. Every course in the Riverland Community College curriculum shall meet outcomes from one of these themes.

**These five MnTC Goals have been identified as Riverland Community College Disciplines. Riverland's MnTC courses also shall meet outcomes from a Discipline Area.

NOTE: The Minnesota Transfer Curriculum "10 Goal Areas of Emphasis" are reflected in the five required discipline areas and five core themes noted in the Riverland Community College program of study guide and/or college catalog.

*Riverland Community College Core Themes	MnTC Goal Number
Critical Thinking (CT)	2
Human Diversity (HD)	7
Global Perspective (GP)	8
Ethical and Civic Responsibility (EC)	9
People and the Environment (PE)	10

**Riverland Community College Discipline Areas	MnTC Goal Number
Communication (CM)	1
Natural Sciences (NS)	3
Mathematics/Logical Reasoning (MA)	4
History and the Social & Behavioral Sciences (SS)	5
Humanities and Fine Arts (HU)	6