



# FROM FIBER TO FLOWER

## The Ethnobotany of Hemp and Cannabis

### THIS PROGRAM WILL:

1

#### INTRODUCE YOU TO THE FASCINATING RELATIONSHIP BETWEEN PEOPLE AND PLANTS

by offering a unique Indigenous perspective toward the human ecosystem and the interaction with non-human organisms within.

2

#### LEARN ABOUT NEW EMERGING CROP AND AG INDUSTRY OPPORTUNITIES IN MINNESOTA

and discover entrepreneurial opportunities to grow in your region.

3

#### ANALYZE HOW GLOBALLY INDIGENOUS CULTURES HAVE DIFFERENT VIEWS OF THE NATURAL ECOSYSTEMS

and how global issues such extractive farming practices impact a community's ability to thrive.

#### CLASS DATES:

September 19, 26; October 3, 10, 17, 24; November 7, 14  
6-9 PM RM A238

Riverland Community College - Austin West Campus  
Program Cost: \$1200\*

For more information, call 507-433-0573 or visit  
[www.riverland.edu/cte](http://www.riverland.edu/cte)

\*student loans available for those who qualify

### ABOUT YOUR INSTRUCTOR



Lisa is an Indigenous Agriculturist, entrepreneur, and the founder and Director of the Southeast Minnesota Food Rescue and Redistribution Program (SEMNFRR). She is a food sovereignty activist and teaches Ethnobotany and Indigenous traditional plant uses, food growing, and preservation. She works closely with disadvantaged urban and rural communities in SE Minnesota serving traditional foods and medicines to Indigenous peoples. She is honored to participate in the Indigenous Farmers Work Group and is a member of the MN Emerging Farmer Work Group. Providing accessibility and services that build and promote thriving, prosperous, and sustainable communities remains foundational in her work. Lisa follows and is trained across several modalities of natural medicine. Ethnobotany and food as medicine remain the compass that guides her purpose, seeking the restoration of indigenous peoples' bountiful food systems, ecosystems, and vibrant ethnobotany traditions.

For more information

